

COMFORT KEEPERS HELP 102 YEAR OLD AT HOME



Gina, Happy 102nd Helen and Paula

Helen just celebrated her 102 birthday in her home in September surrounded by cards, balloons, family and Comfort Keepers. Gina (Owner) says "we have celebrated her 100th with a cake, 101st balloons and 102nd cookies and is amazed how independent and mobile Helen continues to be year after year.

Helen is a part of Milwaukee history. The Kashubes came from the Baltic Sea area of Prussia (Northern Poland) & settled with 2000 others on Jones Island in early 1900's. She met her husband Elmer at a dance, fell in love and were married for 58 years. Elmer became captain of the West Allis police department and they both loved swimming and fishing on Wind Lake. Helen's hobbies included sewing, crocheting, gardening and travel.

Helen had a heart attack 6 years ago and she wound up in a nursing home and she did not adjust well. She felt isolated and lonely and eventually was brought back home.

Granddaughter Debra says "Comfort Keepers made a world of difference in her life. The caregivers have been wonderful! The house is always clean, the laundry is done and grandma gets her meals and medication on time."

Debra says "Helen is so much happier living in her own home and for the rest of the family this gives us peace of mind that she is getting the help she needs"

Because of Comfort Keepers providing these services Debra cherishes the quality and time she has to spend playing Yatzee and baking cookies with her grandma.

Comfort Keepers' continuous training program assures peace of mind to our seniors & their families as we enter their home and life.

Shannon and Rob are Marketing and Assessment Directors of their franchises and they explain "Educating the seniors in the community about Comfort Keepers gives the seniors and their family members source options which allow for living at home independently."

COMFORT KEEPERS FRANCHISE SYSTEM RANKED IN TOP 2 IN THE NATION.

Fear of falling, loss of physical strength, failing health and illness is overwhelming. Seniors save money their whole lifetime & the fear of nursing home living or losing independence can lead to sadness, loneliness and depression. Comfort Keepers is the best step prior to leaving their home. We provide flexible, affordable non-medical in-home care. Clients can choose how much care they need to remain safe, and what they can afford, with a **minimum of 3 hours a week to 24 hours a day.** **Homemaking Services:** transportation to Doctors, errands, groceries, home-cooked meals, light house cleaning and laundry. **Personal Care Services:** include incontinency, safety, mobility, transferring & bathing. **Comfort Keepers specializes in Legal Live In, Alzheimer's, Parkinson, Short Term Respite Care, and Supportive Home Hospice.**

Comfort Keepers Serves Waukesha and Milwaukee County.



Comfort Keepers

Comforting Solutions for In-Home Care®

Call for a free assessment & brochure

262-542-5800



PHOTOS BY TODD PONATH/STAFF PHOTOGRAPHER

Pond-ering aquatic life



STREAM OF CONSCIOUSNESS -

Top: Students from Lake Country School use nets to scoop up pond water at the school to study aquatic life. Seventh-graders worked with second-grade students on the project. **Middle:** A small turtle was one of the many finds while searching for aquatic life. **Bottom:** Students from Lake Country School have a close encounter with nature.

